

TAKE HOME CARE SHEET 2015

By



Congratulations on purchasing your new set of hair extensions!

Having new hair extensions does take some minor adjustments to your haircare regime but all in all should be a pretty easy transition. Follow these simple steps to ensure your hair extensions are cared for correctly and perform to the best of their ability.

PRODUCTS

We currently stock our favorite haircare range, Saryna Key. This product range has been tried and tested on both our hair extensions and your natural hair and has proved to be the best range we have found for optimum care. Using this range will ensure your hair extensions receive the best treatment possible and that your natural hair is taken care of aswell.

We like to keep it simple when choosing your product range.



- Shampoo (Cleanser)
- Conditioner (Moisturizer)
- Shea Butter Treatment (Intense Treatment)
- Heat Shield (When Using Heated Styling Tools)
- Leave in Moisturizer (Before Heat Styling, Drying Hair Naturally)
- Shea Gloss Spray (Express Treatment, Styling Gloss/Moisturizer)

BRUSH AND COMB



A wide toothed detangling comb to use in the shower
(supplied to you with your first installation service)



A paddle brush for daily brushing

DAILY ROUTINE

- Brush your hair once in the morning and once at night before you go to sleep. Ensure you get right into the base of the wefts (avoiding the scalp) to ensure all the hair is brushed properly

(Note: You can also run your fingers through just to double check)

- Tie your hair back in a low plait or ponytail for sleeping
- For extra shine and for treatment purposes, spray a light mist of Shea Gloss Spray onto your brush before brushing your hair focussing on the mid lengths and ends

WASHING

Washing should be done once or twice a week

- Always brush your hair using your paddle brush before washing
- Concentrating on your scalp, apply a small amount of shampoo to your hands and start shampooing the base of your nape working your fingers in between your wefts. Apply another pump of shampoo on your hands and repeat working your way up the scalp until you reach the top section. Slowly massage the shampoo in a downwards motion from your scalp to your midlengths and then your ends ensuring an even shampoo lather. Rinse then Repeat
- Apply your Shea Butter Treatment to your midlength and ends ensuring all is coated well. Always start with a smaller amount and apply more if needed. Using your wide toothed comb, start combing your hair starting from the ends working your way up to the base of your wefts.
- For best results leave your treatment in up to 5-7 minutes. Rinse well
- Seal your treatment in by applying your conditioner. Rinse well

EXPRESS TREATMENT

An express treatment can be done on the weeks you are pushed for shower time. Saturate your midlengths and ends with your Shea Gloss Spray. Brush through and leave for 10 minutes before your shower. Follow the shampoo and conditioning instructions ensuring you comb your extensions through while your conditioner is in.

- Gently squeeze out any excess water and pat or squeeze dry with a towel. Do not roll or rub your hair too hard.
- Apply a small pump of your Leave In Moisturizer and brush through using your paddle brush
- For best results and to extend the life span of your hair extensions, allow your hair to dry naturally. Once almost dry you can smooth over with a hairdryer if necessary

STYLING

Your hair can be blowdried, straightened and curled. Remember that your hair extensions don't grow or rejuvenate so any heat styling over time will assist in reducing the life span of your hair extensions a little faster than if you were to wear them naturally. Always use your Heat Shield when heat styling to protect your hair as much as possible.

SWIMMING

We always recommend to avoid any chlorine when wearing our hair extensions. If you fall in the pool by accident you will be fine but as a general rule please avoid swimming in chlorine. Salt water is perfectly fine but always have your hair tied back in a plait or high bun. As soon as you get the opportunity to wash your hair, do so, concentrating on doing an intense treatment using the Shea Butter Treatment.

(IMPORTANT: Do not try and brush your salty hair before you jump into the shower. Lightly shampoo and gently comb through the treatment with your wide toothed detangling comb)

COLOURING

Your hair extensions can be coloured, however we strongly advise against ever performing a chemical service at home. Always seek our advice before any colour service.